TREATMENT & AFTER CARE INFORMATION

Laser Hair Removal

At SILK Laser Clinics, all treatments will be performed on a Medical Grade Laser by a Laser and Dermal Technician that is Laser Safety Certified. Laser treatment for hair reduction works by targeting and destroying the hair follicle during the active growth phase, which is approximately 10-15% of hair follicles at any given time.

• Most clients will require a minimum of 8 treatments in order to achieve a permanent hair reduction, darker skin will require additional treatments.
• Permanent hair reduction may NOT be achieved by all clients.
• Treatments should be performed every 4 weeks for the face and 6 weeks for the body.
• Clients who leave long periods between treatments will not achieve optimal results.
• Dark hair and fair skin respond most effectively to treatment.
• Coarse hair responds better than fine hair.
• Light blonde, grey and white hair will not respond to treatment.
• Clients commencing treatment during puberty may need additional treatments as their hair growth may not be fully developed due to changing hormone levels.
• Clients treating facial hair will require additional or ongoing treatments.
• Treatment will only be performed in areas where there is active hair growth present.
• Excessive hair growth, on the face or body often indicate an imbalance in hormones and should also be discussed with a doctor when undergoing treatment. Ongoing treatments will be necessary.

PRIOR TO YOUR TREATMENT

• Clients with darker skin are required to use a Tyrosinaise Inhibitor, priced from $72.60, a minimum of 2 weeks before their first treatment, this must be used while undergoing all laser treatment.
• Do not wax, tweeze, epilate or bleach the treatment area for a minimum of 4 weeks prior to, or at any stage during, laser treatment.
• Shaving is permitted in between treatments if desired.
• Sun exposure must be avoided for at least four weeks prior to treatment, any form of tanning may increase the risk of adverse reaction.

ON THE DAY OF YOUR APPOINTMENT

• It is recommended that all body areas and male facial areas must be clean shaven prior to attending an appointment.
• Shaving can be done in clinic for an additional fee of $29/razor, this is a dry shave which can irritate the skin.
• When treating facial areas, please leave the area unshaven prior to treatment.
• Any fake tan must be completely removed prior to treatment but may be used in-between treatments, if any fake tan is present treatment may be postponed.

AFTER YOUR TREATMENT

Redness and swelling of the skin is common and can last up to 48 hours after your treatment, to ensure the skin is protected it is important that only SILK Skin Care is used in the treatment area.

• SILK Soothing Gel, $45*, must be applied for a minimum of 3 days after your treatment, morning and night, in place of any other moisturizer.
• SILK Skin Cleanser, $45*, must be used to cleanse the treatment area for a minimum of 3 days after your treatment.
• SILK Face & Body Scrub, $45*, must be used 2 times each week starting a week after your treatment.
• SPF must be applied to all treatment areas, SILK recommends an SPF 30+ which can be purchased from the clinic, sun exposure must be avoided at all times.
• It is recommended that only mineral makeup is applied to the skin for the first 3 days after laser treatment, this can be purchased from the clinic.
• Avoid excessive physical activity, hot showers, pools, spas and saunas for up to 48 hours post treatment.
• When treating underarms, deodorant must not be applied for 12 hours post treatment.

*Discounts apply when purchasing three or more SILK Skin Care Products.

POSSIBLE ADVERSE REACTIONS:

While every precaution will be taken to prevent possible adverse reactions, they can and sometimes do occur. They may include, but are not limited to:

• In very rare cases skin lightening and darkening in the treatment area can occur, darker skins are at a higher risk which is why a Tyrosinaise Inhibitor is recommended prior to treatment.
• Folliculitis, or a histamine reaction can result in inflammation, itching and redness in the treatment area, any irritation will usually resolve within 7-10 days of treatment.
• Slight circular redness can occur and will usually appear with 48 hours of treatment.
• Increase in oil production or breakout is more likely to occur when treating facial areas.

It is essential to follow the pre & post treatment instructions to minimize the risk of an adverse reaction.

If you have an adverse reaction, please contact the clinic immediately to ensure the correct steps are taken to treat the area.

Please notify your Laser & Dermal Technician of any medical changes or sun exposure prior to each appointment.